

KING JAMES I ACADEMY



PE BULLETIN

Mrs J Humble

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Outdoor Adventure Activities

Opportunity for 20 Yr 7,8,9 and 10 students to attend the annual OAA trip to Ulswater, The Lake District. Students will spend 5 days taking part in a range of activities including rock climbing and kayaking. The trip allows students to develop as young people, improving confidence and communication skills that will help them all through their life.



Interhouse Competitions

House competitions have taken place this half term in both football and netball for all of key stage 3 form classes.

Girl's netball year 8 + 9 was very competitive and eventually won by Hatfield. Congratulations to them, but well done to everyone who participated.

A special mention to; Megan wood, Abbi Stephenson, Casey Stone and Varleen Sandhu, who were voted most valuable players for their houses. Most improved played went to Faye Hindmarsh and Player of the tournament to Bobbi Hodgson.

Boy's football year 8 + 9 was won by Bek, who played very well in all of their matches, congratulations to them. Most valuable players for their houses were Callum Thompson, Joe Wilson, Kai Watson and Josh Robinson. Player of the tournament went to Callum Thompson well done. All matches were enjoyed by both players and spectators, well done to everyone involved.

Year 7 matches are still to be completed so winners will be announced later.

Mountain Biking

Specialist Alex McLean from British Cycling has been working with a group of yr9 students and the yr10 GCSE PE group every Tuesday this half term. Students have been developing a range of skills including use of gears and cornering. They have completed a number of courses over different terrains and have been developing a range of skills and techniques as well as developing their physical and mental capacity to respond to the demands of different challenging situations.



Football

The football season has started and King James teams have made a decent start to the season. Matches have taken place across all year groups. Year 8 had a good result against sunnydale winning 4-2. Congratulations to Kenny Shevels and Ben Morton for scoring goals and Josh Spencer and Kenny Shevels for being voted Men of the match. Year 9 were very unlucky to lose the cup double header very close 2-1 victory for St Johns. Great effort from the lads though. Goalscorer was Louis Edmunds. Men of the match were again Kenny Shevels and Josh Walton.

KS3 Curriculum (Nov-Dec)

GIRLS – Trampoline, Fitness and Leadership
BOYS – Trampoline and Rugby