

# KING JAMES I ACADEMY



## PE BULLETIN

Mrs J Humble

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### Ski trip

Students of the term were rewarded with a trip to Silkworth Ski Centre. They were given expert tuition in the basic skills of skiing and then given the opportunity to try these out on a variety of runs. Students thoroughly enjoyed the visit and Blake Sample excelled at all techniques. The PE department will vote on summer student of the term very soon; why not put in the extra effort in lessons and attend extra-curricular clubs to see if you can be rewarded with a trip in July.



### Cricket Competition



Year 7/8 took part in a cricket competition at Bishop Auckland cricket club on Wednesday 10<sup>th</sup> May against other local schools. 8 players from year 7 and 8 played in a girl's competition and the same in a separate boy's competition. The girls competed against other schools, in the local area and finished 3<sup>rd</sup>. Well done to all girls but a special mention to Tia Cooke and Chloe Aylott who batted and bowled exceptionally. Boys played 4 other schools and the highlight of the day was beating Barrington. Well done to all the boys but a special mention to Thomas Howe and Rhys Powton who batted extremely well



### KS3 Curriculum (April - May)

GIRLS – Athletics and Cricket  
BOYS – Softball and Athletics

## Howtown



Mr Bushby and Mrs Lamb took 24 students from yr7, 8, 9 and 10 to Howtown in the Lake District. They participated in a number of outdoor adventure activities including cliff diving, kayaking and gorge walking. All students also completed an expedition where they camped at the base of Catstye Cam then trekked up Catstye Cam which is 890m high and then trekked up Hellvellyn via Swirral edge which is 950m high. Everyone did extremely well and represented the academy with great attitudes.



## Sponsored Walk

2 Staff and 6 students walked from Durham to Bishop Auckland which is 12 and a half miles on the 24<sup>th</sup> May 2017 in order to raise money for their annual trip to Wimbledon. Each child raised £50 as a contribution towards their trip. The trip takes place on 4<sup>th</sup> and 5<sup>th</sup> July 2017 where they will attend Wimbledon and watch Matilda at the theatre.



## Sports Day

Sports day is coming up next half term. Why not try and work out what events you want to represent your house in. You can perform one track event from 100m, 200m, 400m, 800m and 1500m, one field event from shot putt, discus, javelin, high jump, broad jump and standing triple jump. You can also compete as a team in the 4 x 100m relay. Form class sports day sheets will be out soon try to make sure you have a competitor in each event to increase your chances of victory. New rules are being added this year with those form classes who do not fill the events not being able to come and watch and being given a late finish on the last day.

