

STEP INTO...

HEALTH & SOCIAL CARE



How to use this resource

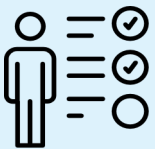
This guide is here to help you explore different job opportunities, understand how your skills can be applied in health and social care jobs, and discover the pathways that can lead you to a fulfilling career.



LMI: Learn about the health and social care sector, how many people are employed and the companies you could work for. This will give you a broad understanding of the job market.



Explore Jobs: Discover descriptions of different jobs to find ones that interest you.



Apply Your Skills: See how the Skills Builder Universal Framework can be used in jobs to develop skills like teamwork and problem-solving. Your tutor or adviser will help you to review your skills and rate your current ability. There is also an opportunity to provide your own examples.



Discover Pathways: Find out about education, training programs, and other resources to guide you on your career journey.

HEALTH & SOCIAL CARE

DO YOU LIKE...

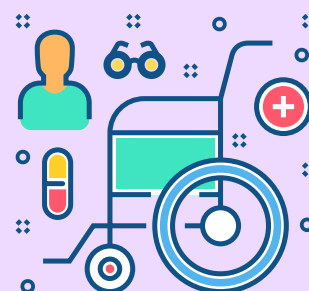
1



Helping people when they need support

...assisting friends or family members when they're feeling down or need help with something?

2



Taking care of others

...taking care of a friend who's not feeling well or helping someone with everyday tasks?

3

Spending time with different people

... talking with grandparents, younger siblings, or volunteering to help others?



5

Making a positive difference

... volunteering at a care home, helping with charity events, or simply being there for someone who needs it?



4



Learning about health & well being

...live a healthy lifestyle, both physically and mentally?

6



Patient & understanding

... listening to someone's problems and offering comfort or advice when they need it?

WHAT IS THE HEALTH & SOCIAL CARE SECTOR?

Health and social care jobs are about helping people stay healthy and live well. People in this area support others when they are ill, elderly, or need extra help in their daily lives.

Key careers areas include:



Nurses: Care for patients in hospitals or the community, helping them get better.

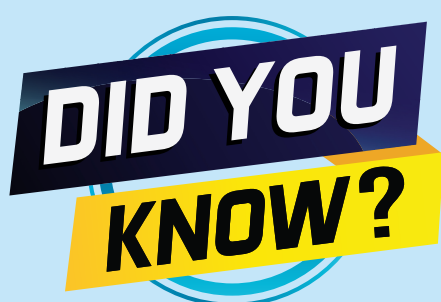


Social Workers: Support children, families, or adults who may be struggling, giving them advice and care.



Care Workers: Help people with daily tasks like washing, eating, or getting around, often in homes or care centres.

Jobs in health and social care are great for people who are kind, patient, and want to make a difference in other people's lives.



Around **49,000** people work in health and social care across Tees Valley. That's almost 1 in 5 jobs in our region! It is the biggest local sector, so if you like helping people, there are many different careers to choose from.

WHERE CAN YOU FIND LOCAL VACANCIES?



Hospitals



Care Homes



Nurseries



**Community
Centres**



**Healthcare
Centres**



Schools

LOCAL INCLUSIVE COMPANIES INCLUDE...



North Tees and Hartlepool
NHS Foundation Trust



**North East
Ambulance Service**
NHS Foundation Trust



South Tees Hospitals
NHS Foundation Trust



**County Durham
and Darlington**
NHS Foundation Trust



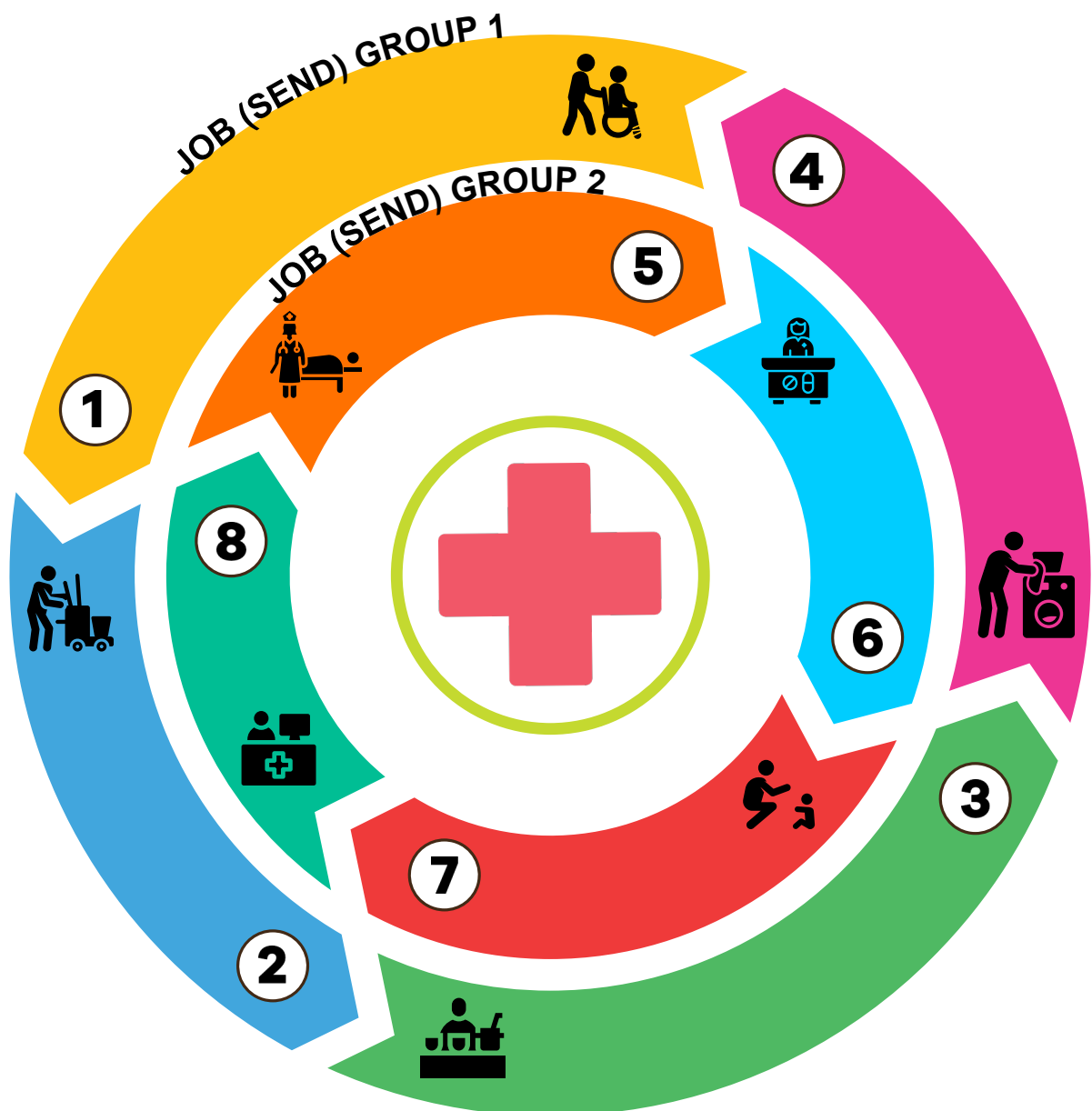
Tees, Esk and Wear Valleys
NHS Foundation Trust



HEALTH & SOCIAL CARE

WHAT JOBS CAN YOU DO?

From hospital shops to meal delivery and art activities with elderly residents, discover hands-on roles where you can make a difference!



TALENTINO!

The CEC has adopted Talentino's #SameAndDifferent model, a national SEND school career framework designed to deliver effective career activities for young people with SEND. Developed from Talentino's work in schools, this concept enhances early career development and encourages employers to support the progression of individuals with SEND.



JOB GROUP 1

don't require Level 2 Qualifications / GCSEs but can lead to supported employment, Supported Internships, Inclusive Apprenticeships, supported Enterprise, T-Levels, Traineeships and FE College.



Hospital Porter

They help to move patients, equipment and medical supplies around a hospital.



Annual Salary

£22,000 - £24,000



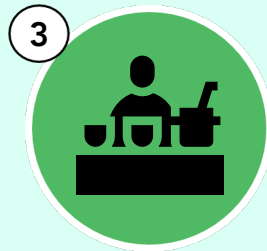
Domestic Worker

They carry out general cleaning of hospitals, care homes and offices.



Annual Salary

£17,000 - £24,000



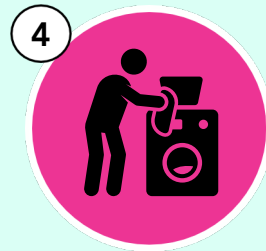
Kitchen Assistant

They cook food in hospitals and other services making sure patients and staff have nutritious, high quality food.



Annual Salary

£11,500 - £16,500



Laundry Assistant

They wash, dry and fold linens and residents, clothing, as well as keeping the laundry area organised.



Annual Salary

£16,500 - £22,000

JOB GROUP 2

do require at least Level 2 qualifications / GCSEs and can lead onto a Apprenticeships, University, College, Employment or Enterprise.



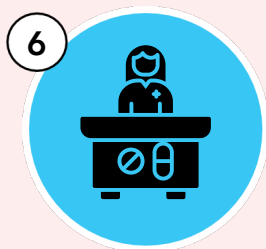
Healthcare Assistant

They assist nurses, providing basic patient care in hospitals or clinics.



Annual Salary

£22,000 - £28,000



Pharmacy Assistant

They prepare medications, manage inventory, and assist customers.



Annual Salary

£22,000 - £28,000



Play Worker

They support children's activities and basic needs in educational or daycare settings.



Annual Salary

£14,500 - £22,000



Medical Secretary

They manage administrative tasks and patient records in healthcare settings.



Annual Salary

£17,500 - £24,000

HOW DO ESSENTIAL SKILLS HELP?



Listen to what a patient needs.



Speak clearly to explain help.



Work out how to help someone move safely.



Plan a fun activity for a group.



Stay calm when things are busy.



Give the best care you can.











Show others how to help a patient.



Help a co-worker lift something safely.

Rate your ability in each skill on a scale of 1🙄 to 5😊.

Can you provide any examples of when you have used each skill?

Skill	Rating (1-5)	Examples of when you have used this skill.
	<div><div>12345</div><div><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/></div></div>	<div></div> <div></div>
	<div><div>12345</div><div><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/></div></div>	<div></div> <div></div>
	<div><div>12345</div><div><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/></div></div>	<div></div> <div></div>
	<div><div>12345</div><div><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/></div></div>	<div></div> <div></div>
	<div><div>12345</div><div><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/></div></div>	<div></div> <div></div>
	<div><div>12345</div><div><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/></div></div>	<div></div> <div></div>
	<div><div>12345</div><div><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/></div></div>	<div></div> <div></div>
	<div><div>12345</div><div><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/><input type="radio"/></div></div>	<div></div> <div></div>

ROUTES & PATHWAYS

For more details
about the
pathways available



SCAN ME

Discover local options by
clicking or scanning the
QR codes on the
following pages.



1. EMPLOYMENT



Earn money



Learn and grow



Contribute to society

2. VOLUNTEERING



Helping the community



Learning new skills



Feeling happy

3. APPRENTICESHIPS



On the job training



Earn while you learn



Excellent job outcomes

4) FURTHER EDUCATION



Learn what you love



Gain practical skills



Different levels for everyone

5) SUPPORTED INTERNSHIPS



Learn on the job



Get extra help



Prepare for future jobs

1. EMPLOYMENT



Tees Valley
Jobs
(vacancies)



BBC Bitesize
Careers



National
Careers
Service



iCould
Careers



Tees Valley
Jobs (Home)



2. VOLUNTEERING



vinspired



Tees Valley
Youthwatch



Futures
Through
Friendship



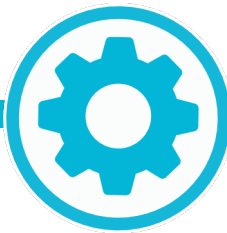
TV YMCA
Volunteering



TV Festival
Volunteering



3. APPRENTICESHIPS



TV Jobs –
Apprentice-
ships



TVCA
Apprentice-
ships



TVLPN
Directory



Amazing
Apprentice-
ships



Find an
Apprentice-
ship .gov.uk



4) FURTHER EDUCATION



TVCA - Sixth
Form &
College



Tees Valley
Careers
Hub



TVE
SEND
Info



TV
Scholarships



Teesside
Uni



5) SUPPORTED INTERNSHIPS



NHS
Choices
College



Redcar
Internships



Hartlepool
Internships



Youth
Guarantee



Prior
Pursglove
College

