

STEP INTO...

# HEALTH & SOCIAL CARE



# How to use this resource

This guide is here to help you explore different job opportunities, understand how your skills can be applied in health and social care jobs, and discover the pathways that can lead you to a fulfilling career.



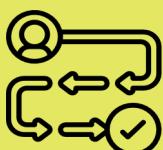
**LMI:** Learn about the health and social care sector, how many people are employed and the companies you could work for. This will give you a broad understanding of the job market.



**Explore Jobs:** Discover descriptions of different jobs to find ones that interest you.



**Apply Your Skills:** See how the Skills Builder Universal Framework can be used in jobs to develop skills like teamwork and problem-solving. Your tutor or adviser will help you to review your skills and rate your current ability. There is also an opportunity to provide your own examples.



**Discover Pathways:** Find out about education, training programs, and other resources to guide you on your career journey.

# HEALTH & SOCIAL CARE

# DO YOU LIKE...

**1**

## Helping people when they need support

...assisting friends or family members when they're feeling down or need help with something?

**2****3**

## Spending time with different people

... talking with grandparents, younger siblings, or volunteering to help others?



## Taking care of others

...taking care of a friend who's not feeling well or helping someone with everyday tasks?

**4**

## Learning about health & well being

...live a healthy lifestyle, both physically and mentally?

## Making a positive difference

... volunteering at a care home, helping with charity events, or simply being there for someone who needs it?

**5****6**

## Patient & understanding

... listening to someone's problems and offering comfort or advice when they need it?



# WHAT IS THE HEALTH & SOCIAL CARE SECTOR?

Health and social care jobs are about helping people stay healthy and live well. People in this area support others when they are ill, elderly, or need extra help in their daily lives.

## Key careers areas include:



**Nurses:** Care for patients in hospitals or the community, helping them get better.

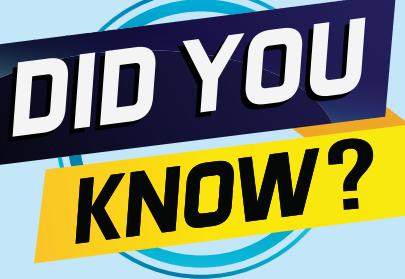


**Social Workers:** Support children, families, or adults who may be struggling, giving them advice and care.



**Care Workers:** Help people with daily tasks like washing, eating, or getting around, often in homes or care centres.

Jobs in health and social care are great for people who are kind, patient, and want to make a difference in other people's lives.



Around **49,000** people work in health and social care across Tees Valley. That's almost 1 in 5 jobs in our region! It is the biggest local sector, so if you like helping people, there are many different careers to choose from.

# WHERE CAN YOU FIND LOCAL VACANCIES?



Hospitals



Care Homes



Nurseries



Community Centres



Healthcare Centres



Schools

## LOCAL INCLUSIVE COMPANIES INCLUDE...



**NHS**

North Tees and Hartlepool  
NHS Foundation Trust

**NHS**  
North East  
Ambulance Service  
NHS Foundation Trust



**NHS**

South Tees Hospitals  
NHS Foundation Trust



**Nuffield**  
Health

**NHS**

County Durham  
and Darlington  
NHS Foundation Trust

**NHS**

Tees, Esk and Wear Valleys  
NHS Foundation Trust

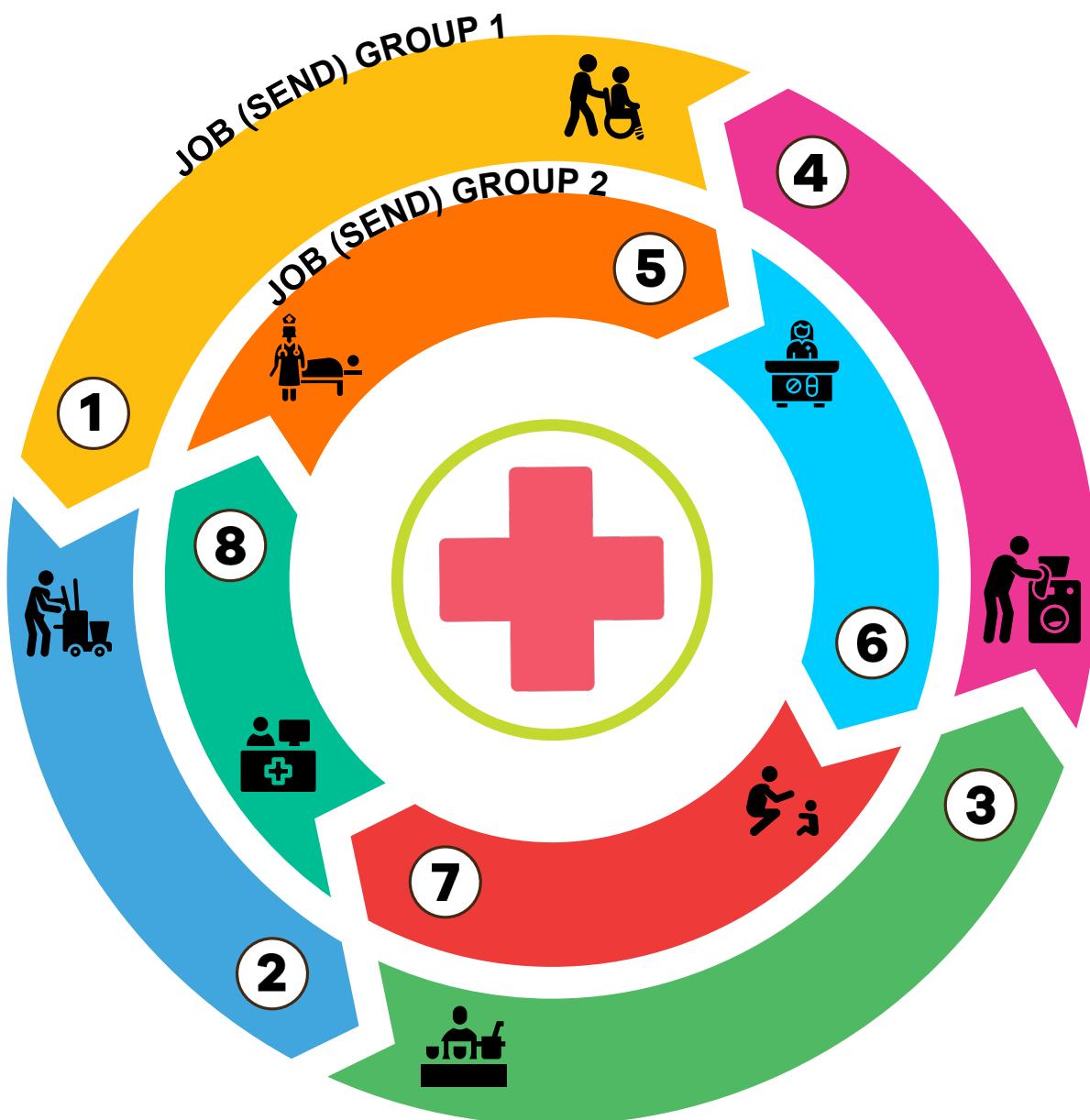
**voyage**care

**care**

# HEALTH & SOCIAL CARE

# WHAT JOBS CAN YOU DO?

From hospital shops to meal delivery and art activities with elderly residents, discover hands-on roles where you can make a difference!



**TALENTINO®**

The CEC has adopted Talentino's #SameAndDifferent model, a national SEND school career framework designed to deliver effective career activities for young people with SEND. Developed from Talentino's work in schools, this concept enhances early career development and encourages employers to support the progression of individuals with SEND.



# JOB GROUP 1

don't require Level 2 Qualifications / GCSEs but can lead to supported employment, Supported Internships, Inclusive Apprenticeships, supported Enterprise, T-Levels, Traineeships and FE College.



## Hospital Porter

They help to move patients, equipment and medical supplies around a hospital.



## Domestic Worker

They carry out general cleaning of hospitals, care homes and offices.



## Kitchen Assistant

They cook food in hospitals and other services making sure patients and staff have nutritious, high quality food.



## Laundry Assistant

They wash, dry and fold linens and residents, clothing, as well as keeping the laundry area organised.

Annual Salary  
£22,000 - £24,000

Annual Salary  
£17,000 - £24,000

Annual Salary  
£11,500 - £16,500

Annual Salary  
£16,500 - £22,000

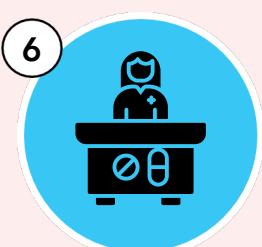
# JOB GROUP 2

do require at least Level 2 qualifications / GCSEs and can lead onto a Apprenticeships, University, College, Employment or Enterprise.



## Healthcare Assistant

They assist nurses, providing basic patient care in hospitals or clinics.



## Pharmacy Assistant

They prepare medications, manage inventory, and assist customers.



## Play Worker

They support children's activities and basic needs in educational or daycare settings.



## Medical Secretary

They manage administrative tasks and patient records in healthcare settings.

Annual Salary  
£22,000 - £28,000

Annual Salary  
£22,000 - £28,000

Annual Salary  
£14,500 - £22,000

Annual Salary  
£17,500 - £24,000

# HOW DO ESSENTIAL SKILLS HELP?



**Listen to what a patient needs.**



**Speak clearly to explain help.**



**Work out how to help someone move safely.**



**Plan a fun activity for a group.**



**Stay calm when things are busy.**



**Give the best care you can.**



**Show others how to help a patient.**



**Help a co-worker lift something safely.**

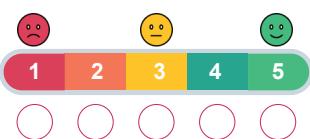
Rate your ability in each skill on a scale of 1 😞 to 5 😊.

Can you provide any examples of when you have used each skill?

**Skill**

**Rating (1-5)**

**Examples of when you have used this skill.**



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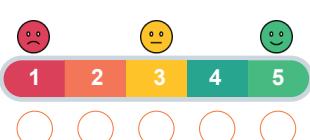
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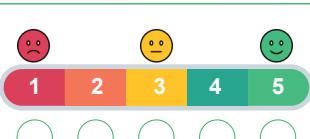
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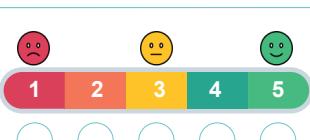
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# ROUTES & PATHWAYS

For more details  
about the  
pathways available



SCAN ME

Discover local options by  
clicking or scanning the  
QR codes on the  
following pages.



# 1. EMPLOYMENT



Earn  
money



Learn  
and grow



Contribute  
to society

# 2. VOLUNTEERING



Helping the  
community



Learning  
new skills



Feeling  
happy

# 3. APPRENTICESHIPS



On the job  
training



Earn while  
you learn



Excellent job  
outcomes

# 4) FURTHER EDUCATION



Learn what  
you love



Gain  
practical skills



Different levels  
for everyone

# 5) SUPPORTED INTERNSHIPS



Learn on the  
job



Get extra  
help



Prepare for  
future jobs

# 1. EMPLOYMENT



Tees Valley  
Jobs  
(vacancies)



BBC Bitesize  
Careers



National  
Careers  
Service



iCould  
Careers



Tees Valley  
Jobs (Home)



# 2. VOLUNTEERING



vinspired



Tees Valley  
Youthwatch



Futures  
Through  
Friendship



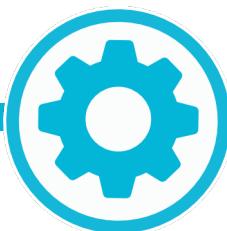
TV YMCA  
Volunteering



TV Festival  
Volunteering



# 3. APPRENTICESHIPS



TV Jobs –  
Apprentice-  
ships



TVCA  
Apprentice-  
ships



TVLPN  
Directory



Amazing  
Apprentice-  
ships



Find an  
Apprentice-  
ship .gov.uk



# 4) FURTHER EDUCATION



TVCA - Sixth  
Form &  
College



Tees Valley  
Careers  
Hub



TVE  
SEND  
Info



TV  
Scholarships



Teesside  
Uni



# 5) SUPPORTED INTERNSHIPS



NHS  
Choices  
College



Redcar  
Internships



Hartlepool  
Internships



Youth  
Guarantee



Prior  
Pursglove  
College

